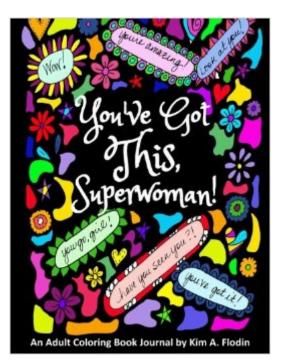
## The book was found

# You've Got This, Superwoman!: An Empowering Coloring Book Journal





### Synopsis

Reg. price: \$16.49 1 Two hundred forty (240) pages. Fifty (50) Empowering Illustrations. Twenty-five (25) Journal Prompts. Ten (10) Bonus Illustrations. One (1) Awesome Coloring Book Journal! See What's inside: https://www.youtube.com/watch?v=EXL5lzei8b0 Youâ ™ve Got This, Superwoman! Is a unique coloring book journal for adults which combines coloring, journaling, empowerment, affirmation, positive self-belief, stress relief and more in one very helpful coloring book journal designed to offer support and encouragement for all areas of your lifea |self-esteem, motivation, self-care, introspection, finances, body image, relationships and more. Filled with an assortment of images to enjoy and reflect upon, along with corresponding journal pages and writing prompts to support the coloring/journaling experience and lead you to deeper insights and understanding. Each illustration is available on both a black and white background, so you can color your way through all the dark and light periods of life as you remember who you areâ an incredible superwoman goddess, of course! A Sampling of Phrases in This Book: Youâ ™ve Got This, Superwoman! I Love Myself I have a Fantastic Life I Embrace My Courage I Believe in Myself Not my Monkeys, Not my Circus! Love is all I Need I Love my Body I am Amazing I am Relaxed and Peaceful I am Beautiful Iâ <sup>™</sup>ve Got This I Trust Life Be Happy. Love Be Brave! I am True to Me Money Flows in My Life Moreâ |. Book Highlights: All Original, Hand-Drawn Designs Designs for Assorted Skill Levels Single Side Printing on White Paper Stress-Relieving Patterns Extra Blank Pages for Bleed Through Bonus Pages Book Benefits: Introspection Stress Relief Encouragement Positive Change Empowerment Relaxation Visit kelekilove.com for fun freebies and more.

### **Book Information**

Paperback: 240 pages Publisher: CreateSpace Independent Publishing Platform; Jou edition (July 27, 2016) Language: English ISBN-10: 1535458631 ISBN-13: 978-1535458634 Product Dimensions: 8.5 x 0.6 x 11 inches Shipping Weight: 1.3 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (10 customer reviews) Best Sellers Rank: #489,752 in Books (See Top 100 in Books) #125 in Books > Self-Help > Journal Writing #305 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #419 in Books > Self-Help > Art Therapy & Relaxation

#### **Customer Reviews**

I love this book and it's bigger than i even expected. Love that each design comes in black or white. Gives you options depending on your mood. Plus this has bonus pages!!!! How awesome!!!!! The picture is a sample page thats in the book that i colored. Will add more as color them.

I've had the pleasure of getting to chat with the artist, too, so after one of her books I'd picked up at random... She encourages her audience to share your take on each piece with her! I like the interactive quality!!! A fun book with a fun Bonus!

I am in love with this coloring book journal. It is very inspiring. Kim has poured a lot of her heart and soul into this coloring journal, and it shows. There are 50 designs in this book (25 on white, and 25 on black). Designs are on single-sided pages. The designs by themselves contain some very encouraging and uplifting words. Between each set of designs, there are journal prompts and 4 journal pages. This is repeated throughout the book. There are bonus coloring pages from her other books at the back (9 of them). There are also 5 blank pages at the back to use as page blotters when using markers and/or as color testers. Kim has left nothing out of this 240-page coloring journal, IMO. I will add pictures to this review as I get some colored.

Kim has hit a home run with her new book, You Got This, Superwoman. Her positive, upbeat, and for those who prefer, G rated affirmations will provide hours and hours of coloring, coupled with journal prompts and pages to work on lifting your spirit and projecting positivity. This book, along with a pack of colored pencils, would make a thoughtful and fun gift, I mean who doesn't want positive affirmations in their life, right? Kim's design are unique, and entertaining for all skill levels. I own many of her books and this one is up at the top!

As always Kim never disappoints! This is a beautiful coloring book and a journal to boot. Kim is a very talented artist and a very sweet one at that. I have several of her books and this is my favorite by far. I highly recommend this book and artist!

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